

Jewish Proverbs for *Living* in a **Pandemic**

A. Live *Faithfully*

My son, do not forget **my teaching**,
But let your heart keep **my commandments**;
For **length of days** and **years of life**
And **peace** they will add to you...

Trust in the **LORD** with all your heart
And do not lean on your **own understanding**.
In all your ways **acknowledge Him**,
And **He** will make your **paths straight**. (Proverbs 3:1-2, 5-6)

B. Live *Wisely*

1. With the **Wealth** that comes from the *Wisdom* and *Knowledge of God*

How **blessed** is the **man** who finds **wisdom**
And the man who gains **understanding**.
For her **profit** is better than the **profit** of **silver**
And her **gain** better than fine **gold**.
She is more **precious** than **jewels**;
And nothing you desire **compares** with her...

She is a **tree of life** to those who take **hold** of her,
And **happy** are all who **hold** her fast.
(Proverbs 3:13-15, 18)

The mind of the **prudent** acquires **knowledge**,
And the ear of the **wise** seeks **knowledge**. (Proverbs 18:15)

Do not **weary yourself** to gain (worldly) **wealth**,
Cease from your **consideration** of it.

When you set your eyes on it, **it is gone**.
For **wealth** certainly makes itself **wings**
Like an **eagle** that flies *toward* the heavens. (Proverbs 23:4-5)

2. With the **Security** that comes from *Wisdom*

My son,..keep sound **wisdom** and **discretion**,
So they will be **life** to your **soul**
And **adornment** to your **neck**.

Then you will **walk** in your way **securely**
And your **foot** will **not stumble**.
When you **lie down**, you will **not be afraid**;
When you **lie down**, your **sleep** will be **sweet**. (Proverbs 3: 21-23)

Hear, my son, and accept **my sayings**
And the **years** of your **life** will be **many**.

I have **directed you** in the **way of wisdom**;
I have **led you** in **upright paths**.
When you **walk**, your steps will **not be impeded**;
And if you **run**, you will **not stumble**. (Proverbs 4:10-12)

3. With the *Wisdom* that **Restrains** a **destructive Tongue**

When there are **many words**, transgression is **unavoidable**,
But he who **restrains his lips** is **wise**. (Proverbs 10:19)

A **fool** does not delight in **understanding**,
But **only** in **revealing** his **own mind**. (Proverbs 18:2)

He who gives **an answer before** he **hears**,
It is **folly** and **shame** to him. (Proverbs 18:13)

4. With words of *Wisdom* that bring **Healing** and **Comfort**

There is one who **speaks rashly** like the **thrusts** of a **sword**,
But the tongue of the **wise** brings **healing**. (Proverbs 12:18)

Anxiety in a man's heart **weighs it down**,
But a **good word** makes it **glad**. (Proverbs 12:25)

C. Live *Graciously*

Do not let **kindness** and **truth** leave you;
Bind them around your **neck**,
Write them on the **tablet** of your **heart**.
So you will find **favor** and **good repute**
In the sight of **God** and **man**. (Proverbs 3:3-4)

He who **despises** his neighbor **sins**,
But **happy** is he who is **gracious** to the **poor**. (Proverbs 14:21)

D. Live *Righteously*

The **name** of the **LORD** is a **strong tower**,
The **righteous** runs into it and is **safe**. (Proverbs 18:10)

When the **whirlwind** passes, the **wicked is no more**,
But the **righteous** has an **everlasting foundation**. (Proverbs 10:25)

He who **walks** in **integrity** walks **securely**,
But he who **perverts** his ways will be found out. (Proverbs 10:9)

Righteousness exalts a nation,
But **sin** is a **disgrace** to any people. (Proverbs 14:34)

E. Live *Cautiously*

A **prudent** man sees evil and **hides himself**,
The **naive** proceed and **pay** the **penalty**. (Proverbs 27:12)

F. Live *Generously*

The **generous** man will be **prosperous**,
And he who **waters** will himself **be watered**.

He who **withholds grain**, the people will **curse him**,
But **blessing** will be on the head of him who **sells it**. (Proverbs 11:25-26)

One who is **gracious** to a **poor man** **lends** to **the LORD**,
And He will **repay him** for his **good deed**. (Proverbs 19:17)

G. Live *Diligently*

Poor is he who **works** with a **negligent** hand,
But the **hand** of the **diligent** makes **rich**. (Proverbs 10:4)

Laziness casts into a **deep sleep**,
And an **idle man** will **suffer hunger**. (Proverbs 19:15)

H. Live with *Hope*

Hope deferred makes the **heart sick**,
But **desire fulfilled** is a **tree of life**. (Proverbs 13:14)

The **spirit** of a man can **endure** his **sickness**,
But as for a **broken spirit** who can **bear it?** (Proverbs 18:14)

I. Live *Joyfully*

A **joyful heart** is **good medicine**,
But a **broken spirit** dries up the **bones**. (Proverbs 17:22)